



## WHAT TO BRING

Starting childcare is an exciting time for children and families. To ensure the children and families are ready for care, we ask you to bring the following each day your child attends and **ensure all items are labelled**.

- ✓ Back Pack
- ✓ Water bottle
- ✓ Sun Hat (either broad brimmed or legionnaire hat) compulsory when the **UV level exceeds 3**  
*Our preference is a wide brimmed hat, that we now have available to purchase for \$25.00 with our Park Orchards logo, that would remain at the Early Learning Centre. Hats are available for purchase from the office.*
- ✓ Spare change of clothes - appropriate for the weather
- ✓ If still in nappies – at least 2 spare nappies, baby wipes and nappy cream
- ✓ Morning Tea and Lunch (*refer below*)
- ✓ Sunscreen (only required if your child is sensitive to the sunscreen our Service provides, we use **Coles SPF 50+**)
- ✓ Medication if required - Please inform a Educator in attendance if providing medication
- ✓ Coats and warm hats are required in colder weather.

Children are asked to bring their lunch in a lunch box with a lid that they can open. As all lunches must be placed into the fridge in each room, please do not send it in a cooler bag, as these are not effective in the fridges. We ask you clearly mark your child's name on the bottom of the box and lid.

We are an allergy awareness Service and encourage healthy food choices for your child.

If packing grapes or cherry tomatoes, please cut them up to prevent them becoming a choking hazard. Cherries need to have pips removed

Due to several children with allergies and who may suffer from anaphylaxis please **DO NOT** send food containing any nuts and nut products, shrimp, or egg.

Also please do not send **POPCORN** as it is a choking hazard due to our mixed age group setting